



Aude, Ariège, Pyrénées Orientales,
Tarn with Tarn et Garonne

Hallo Everyone

Pyrénées Orientales October 2026 Newsletter

It always seemed so very 'British' to talk about the weather - but it has certainly been a dominant factor for many of us this year. As I type this the cooler nights are certainly welcome - as has been the smattering of rain we've received.

DROP-INS this month

Wednesday 7th October Bar le Pablo Céret 10.30

Come along for a coffee and a chat. We shall be there with some paperbacks to exchange and friendly faces at our usual venue in the centre of town.

Tuesday 20th October Café des Artistes Laroque 10.30

Come and browse our every-changing selection of paperbacks, and enjoy a coffee on the terrace. Any paperback books you contribute will be gratefully received, but we cannot take hardbacks or non-fiction.

Wednesday 21st October Villa Lafabrière Prades 10.15

Join us for coffee at this lovely venue, and bring a paperback or two to exchange with our constantly evolving choice of books.

With the problems all gardeners have experienced during this long hot summer, the plant-swap event we had hoped to hold in Prades in October has had to be cancelled. That will take place next Spring if at all possible.

DURING SEPTEMBER

Activity for Life was held on a beautiful day in Caixas. We were so lucky, that after some much-anticipated rain the day before, the morning turned out a little cooler but sunny. So, perfect for the two walks and a competitive but friendly game of petanque. After an energetic morning, eating cake could then be justified, along with a range savouries. The cakes were also much appreciated by French, German and Dutch friends.

Also popular was the Tombola with a tempting range of prizes (including rather a lot of bottles).



Walkers start to gather for the first of the walks outside the Mairie in Caixus.

LOOKING AHEAD

November 2nd - Morag and Mike Todd welcome you to their home at 6 rue des Mourvèdres, 66300 Saint-Jean-Lassèille for tea, coffee and mulled wine, plus the opportunity to do some Christmas shopping for handmade necklaces, bracelets and other gifts. (See poster below.)

November 2nd - The popular CSF Quiz with afternoon tea is planned in the spacious Salle Gregory in Thuir. This is inside the 'Maison du Citoyen, on Avenue du Docteur François Escoffier (opposite the Byrrhh Cave). Ample parking nearby. This is so popular that you are asked to reserve a table before the 23rd October. Questions will be asked in English, and then in French. The poster for this event is here in English and in French, so please do pass on to any friends who might be interested.



SALLE GREGORY • 3 Avenue Dr Ecoiffier • 66300 THUIR

MONDAY NOVEMBER 2nd

Doors open at 14.30 • Quiz starts at 15.00

Bottle Tombola, Craft items for sale



Make up a **team of 4** and register with us by **Friday October 23rd**, tickets **€10**, includes a glass of fizz on arrival, plus tea, coffee and cake at half-time.

Contact: sud-po@cancersupportfrance.org

Cancer Support France•Sud de France provides confidential support for English speakers who have been touched by Cancer. Don't feel alone, a trained volunteer will always be here for you.



phone helpline: 0800 240 200
mail: helpline@cancersupportfrance.org

Association no: W112000594
 Ne pas jeter sur la voie publique





SALLE GREGORY • 3 Avenue Dr Ecoiffier • 66300 THUIR

Lundi 2 novembre

Portes ouvertes à partir de 14h30

Quiz commence à 15h00

Bouteille Tombola, objets artisanaux à vendre.



**Formez une équipe de 4 personnes
et inscrivez-vous avant vendredi, le 23 octobre**
Billets à €10 avec une coupe de vin mousseux
offerte à l'arrivée et rafraichissements à la mi-temps

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MORAG AND MIKE TODD

welcome you to their home at

6 rue des Mourvèdres, 66300 Saint-Jean-Lasseille

open from 10 a.m. until 4 p.m.

on Sunday 1st November 2026

for coffee — tea — mulled wine

and the chance to do some Christmas shopping:

handmade necklaces, bracelets, and other gifts for sale.



More info: moragtodd@gmail.com, ☎ 04 68 21 75 20

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CANCER SUPPORT FRANCE

MEET THE TEAM

our National Vice President

PENNY
PARKINSON

CANCER
SUPPORT
FRANCE



www.cancersupportfrance.org

HELPLINE : 0800 240 200

EMAIL: HELPLINE@CANCERSUPPORTFRANCE.ORG

Lynn

Please remember that if anyone is struggling or needing help, the CSF telephone (0800 240 200) and email helplines are always open. We are there for everyone needing assistance at this time, as well as those affected by cancer. There is also a lot of information on our website :

<https://cancersupportfrance.org>

If you no longer wish to receive this Newsletter, please contact:
sud-po@cancersupportfrance.org. Your name and email address will be removed
from our mailing list.