CANCER SUPPORT FRANCE SUD DE FRANCE

Aude, Ariège, Pyrénées Orientales,
Tarn with Tarn et Garonne

Hallo Everyone

Pyrénées Orientales November 2026 Newsletter

It is rather refreshing to find that autumn is definitely here, and we can enjoy seasonal weather, whether inside cocooning or being more active outside our homes.

DROP-INS this month

Wednesday 4th November Bar le Pablo Céret 10.30
Come along for a coffee and a chat. We shall be there with some paperbacks to exchange and friendly faces at our usual venue in the centre of town.

Tuesday 17th November Café des Artistes Laroque 10.30
Come and browse our every-changing selection of paperbacks, and enjoy a coffee on the terrace. Any paperback books you contribute will be gratefully received, but we cannot take hardbacks or non-fiction.

Wednesday 18th November Villa Lafabrègue Prades 10.15
Join us for coffee at this lovely venue, and bring a paperback or two to exchange with our constantly evolving choice of books.

LOOKING AHEAD (a little)

November 1st - Morag and Mike Todd welcome you to their home at 6 rue des Mourvèdres, 66300 Saint-Jean-Lasseille for tea, coffee and mulled wine, plus the opportunity to do some Christmas shopping for handmade necklaces, bracelets and other gifts.

November 2nd - The popular CSF Quiz with afternoon tea takes place in Thuir. The venue is now Salle Jeantet Violet, 9 Boulevard Violet.

CANCER SUPPORT FRANCE NATIONAL

It's always interesting to know what goes on outside our own region. In September a national conference was held in the Dordogne for the Helpline team and the Client Coordinators. Our own Penny Parkinson can be spotted third from the left, standing.



Lynn

Please remember that if anyone is struggling or needing help, the CSF telephone (0800 240 200) and email helplines are always open. We are there for everyone needing assistance at this time, as well as those affected by cancer. There is also a lot of information on our website : https://cancersupportfrance.org

If you no longer wish to receive this Newsletter, please contact: sud-po@cancersupportfrance.org. Your name and email address will be removed from our mailing list.

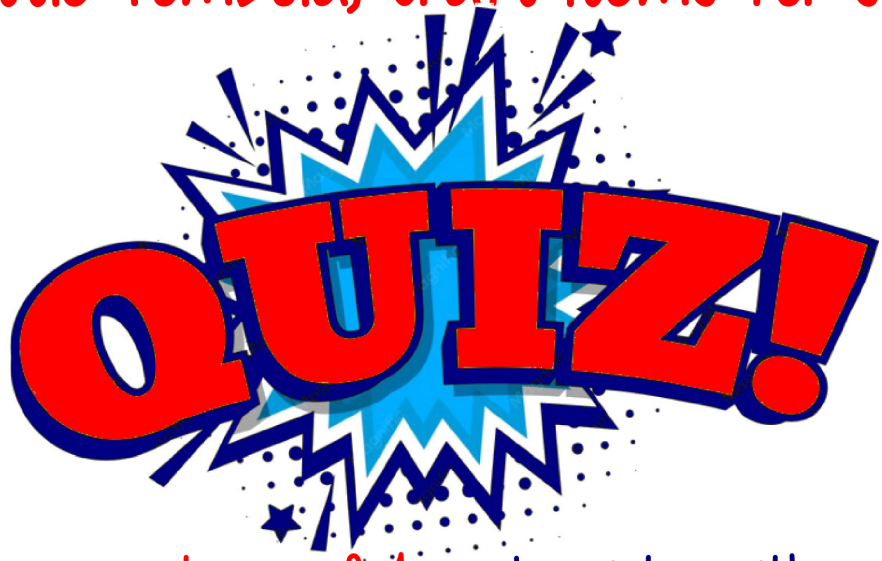
CANCER SUPPORT FRANCE
SUD DE FRANCE

Salle Jeantet Violet • 9.Boulevard Violet • 66300 Thuir

MONDAY NOVEMBER 2nd

Doors open at 14.30 • Quiz starts at 15.00

Bottle Tombola, Craft items for sale



Make up a team of 4 and register with us by Friday October 30th, tickets €10, includes a glass of fizz on arrival, plus tea, coffee and cake at half-time.

Contact: sud-po@cancersupportfrance.org

Cancer Support France•Sud de France provides confidential support for English speakers who have been touched by Cancer Don't feel alone, a trained volunteer will always be here for you.

phone helpline: **0800 240 200**
mail: **helpline@cancersupportfrance.org**

Association no: W112000594
Ne pas jeter sur la voie publique