

Hallo Everyone

Pyrénées Orientales September 2026 Newsletter

August proved to be another month dominated for many of us by weather. Some of us even received some welcome showers, although some calm 'ordinary' weather would be even more welcome. Now, however, we can look forward to more activities outdoors, even if that is just sitting on a terrace admiring the scenery.

DROP-INS this month

Wednesday 2nd September Bar le Pablo Céret 10.30

Come along for a coffee and a chat. We shall be there with some paperbacks to exchange and friendly faces at our usual venue in the centre of town.

Tuesday 15th September Café des Artistes Laroque 10.30

Come and browse our every-changing selection of paperbacks, and enjoy a coffee on the terrace. Any paperback books you contribute will be gratefully received, but we cannot take hardbacks or non-fiction.

Wednesday 16th September Villa Lafabrière Prades 10.15

After a summer pause in August, come and have coffee with us at this lovely venue, and bring a paperback or two to exchange.

With the problems all gardeners have experienced during this long hot summer, the plant-swap event we had hoped to hold in Prades in October has had to be cancelled. That will take place next year if at all possible.

LOOKING AHEAD

Activity for Life will be with us soon on Thursday 17th September in Caixas.

A day to look forward to - both for the choice of walks in this beautiful area, a gentle game of pétanque - or indeed the brilliant choice of home-made cakes! Do make a diary note as we hope to see you there.

If you would like to take part in either of the two walks, please do drop a line to Penny to sign up. (It helps to know numbers!)

sud-penny@cancersupportfrance.org

P.S. - We are of course following official advice for all outdoor activities in our precious PO.

November 2nd - The popular CSF Quiz with afternoon tea is planned in the spacious Salle Gregory (opposite the Byrrhh Cave) in Thuir.

Lynn

Please remember that if anyone is struggling or needing help, the CSF telephone (0800 240 200) and email helplines are always open. We are there for everyone needing assistance at this time, as well as those affected by cancer. There is also a lot of information on our website :

<https://cancersupportfrance.org>

If you no longer wish to receive this Newsletter, please contact:
sud-po@cancersupportfrance.org. Your name and email address will be removed from our mailing list.

Activity For Life

Thursday 17th September 2026

Caixas

In the morning: choose between two walks of around
5km (1h30) or 8km (2h30),
or join a friendly petanque tournament

5€ registration fee

There will be a bar for beer, wine, tea, coffee, soft drinks
and cakes and small savouries. Plus pre-loved books,
CSF greeting cards and a tombola

Bring your own picnic, enjoy some cake and the relaxed
ambiance over lunch.



For more information about **Activity For Life**, email:
sud-penny@cancersupportfrance.org

**All funds raised to support Cancer Support France - Sud de France
+ La Ligue contre le Cancer**

Free confidential support for English speaking people touched by cancer