

Hallo Everyone

Pyrénées Orientales August 2026 Newsletter

Well this last month has been more 'interesting' than anyone would wish. All our sympathies to those affected by the forest fires.

DROP-INS this month

Wednesday 5th August Bar le Pablo Céret 10.30

Come along for a coffee and a chat. We shall be there with some paperbacks to exchange and friendly faces at our usual venue in the centre of town.

NB there is no drop-in at Prades during August.

Tuesday 18th August Café des Artistes Laroque 10.30

Come and browse our every-changing selection of paperbacks, and enjoy a coffee on the terrace. Any paperback books you contribute will be gratefully received, but we cannot take hardbacks or non-fiction.

LOOKING AHEAD

Activity for Life will be back on Thursday 17th September in Caixas.

A day to look forward to - both for the choice of walks in this beautiful area, a gentle game of pétanque - or indeed the brilliant choice of home-made cakes! Do make a diary note as we hope to see you there.

P.S. - We are optimists, but will of course follow official advice for all outdoor activities in our precious PD.

A plant event is planned for the autumn at the Prades October 21st

drop-in. As well as a choice of home-grown plants, there will be cakes, books and other attractions, available in exchange for a donation.

Perhaps the green-fingered could think about potting up specimens from their gardens to donate? I've already started to prepare a few pots.

The popular CSF Quiz with afternoon tea is on November 2nd in Thuir.

Lynn

Please remember that if anyone is struggling or needing help, the CSF telephone (0800 240 200) and email helplines are always open. We are there for everyone needing assistance at this time, as well as those affected by cancer. There is also a lot of information on our website :

<https://cancersupportfrance.org>

If you no longer wish to receive this Newsletter, please contact:
sud-po@cancersupportfrance.org. Your name and email address will be removed from our mailing list.

Activity For Life

Thursday 17th September 2026

Caixas

In the morning: choose between two walks of around
5km (1h30) or 8km (2h30),
or join a friendly petanque tournament

5€ registration fee

There will be a bar for beer, wine, tea, coffee, soft drinks
and cakes and small savouries. Plus pre-loved books,
CSF greeting cards and a tombola

Bring your own picnic, enjoy some cake and the relaxed
ambiance over lunch.



For more information about **Activity For Life**, email:
sud-penny@cancersupportfrance.org

**All funds raised to support Cancer Support France - Sud de France
+ La Ligue contre le Cancer**

Free confidential support for English speaking people touched by cancer