



Aude, Ariège, Pyrénées Orientales,
Tarn with Tarn et Garonne

Hallo Everyone

Pyrénées Orientales May 2026 Newsletter

This is certainly proving a memorable year for very variable weather, but the warm days are already tempting some folk to the beach - or to continue work on those gardens.

DROP-INS this month

Wednesday 6th May Bar le Pablo Céret 10.30

Come along for a coffee and a chat. There will be some paperbacks to exchange and friendly faces back in our usual venue in the centre of town.

Tuesday 19th May Café des Artistes Laroque 10.30

In dry weather - come and browse our every-changing selection of paperbacks and enjoy a coffee on the terrace. Any paperback books you contribute will be gratefully received, but we cannot take hardbacks or non-fiction.

- N.B the Laroque book exchange has moved to the new day of Tuesday each month, as the Café des Artistes will be closed on Mondays.

Wednesday 20th May Villa Lafabrègue Prades 10.15

Come and have coffee with us at this lovely venue, and bring a paperback or two to exchange.

EVENTS in May

Vide Grenier

On Sunday the 10th May CSF Sud de France will have a stand at the big vide grenier organised by La Ligue Contre le Cancer. This takes place at St Cyprien Plage. If anyone is free to help, even for part of the day, please do contact Phil O'Neill. philomeneoneill@gail.com

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LOOKING AHEAD

Activity for Life will be back on Thursday 17th September In Caixas. A day to look forward to - both for the choice of walks in this beautiful area, a gentle game of pétanque - or indeed the brilliant choice of home-made cakes! Do make a diary note as we hope to see you there.

A plant event is planned for the autumn at the Prades October 21st drop-in.

As well as a choice of home-grown plants, there will be cakes, books and other attractions, available in exchange for a donation. Perhaps the green-fingered could think about potting up specimens from their gardens to donate? I've already started to prepare a few pots.

The popular Quiz with afternoon tea is scheduled for November 2nd In Thuir again.

Lynn

Please remember that if anyone is struggling or needing help, the CSF telephone (0800 240 200) and email helplines are always open. We are there for everyone needing assistance at this time, as well as those affected by cancer. There is also a lot of information on our website :

<https://cancersupportfrance.org>

If you no longer wish to receive this Newsletter, please contact: sud-po@cancersupportfrance.org. Your name and email address will be removed from our mailing list.