



Aude, Ariège, Pyrénées Orientales,
Tarn with Tarn et Garonne

Hallo Everyone

Pyrénées Orientales April 2026 Newsletter

This is always a stunningly beautiful region, but perhaps never more so now that Spring is with us. So much to admire now - whether in our own gardens or just gazing with delight at the countryside around us.

DROP-INS this month - N.B the Laroque book exchange has moved to the new day of Tuesday each month, as the Café des Artistes will close on Mondays.

Wednesday 1st April Bar Le Pablo Céret 10.30

Come along for a coffee and a chat. There will be some paperbacks to exchange and friendly faces back in our usual venue in the centre of town.

Wednesday 15th April Villa Lafabrègue Prades 10.15

Come and have coffee with us at this lovely venue, and bring a paperback or two to exchange.

Tuesday 21st April Café des Artistes Laroque 10.30

In dry weather - come and browse our every-changing selection of paperbacks and enjoy a coffee on the terrace. Any paperback books you contribute will be gratefully received, but we cannot take hardbacks or non-fiction.

RECENT EVENTS

CSF annual open meeting took place on the 26th March in Thuir at the Hotel Cortie. Jill Merriam lead with a brief revue of the main events over the last 12 months, followed by Penny Parkinson giving more details of how the funds raised at events have been used. This is mainly for the professional training of the team of Active Listeners who help and support those affected by cancer.

We were then fortunate enough to hear a fascinating talk by Ellen Turner-Hall concerning the globally celebrated author Patrick O'Brian, who, from 1949 spent many years living in Collioure.

A fiercely private man, who devoted his time to intensive research across a wide range of subjects. This gives his novels a treasured place in the libraries of those of us who enjoy seafaring histories from the time of the Napoleonic wars. For anyone who has yet to discover the novels in the Aubrey-Maturin series do read 'Master and Commander', the first of this series of entertaining and educational novels. Some might be familiar with the film of the same name. A big CSF Thank-You to Ellen for sharing her enthusiasm for this brilliant yet complicated man, who also wrote highly regarded autobiographies of Picasso and Sir Joseph Banks.

LOOKING AHEAD

Activity for Life will be back in September on Thursday 17th

A plant sale is planned for the autumn (the Oms open garden visit had to be rescheduled for another time due to storm damage).

The popular Quiz with afternoon tea is scheduled for November 2nd.

Lynn

Please remember that if anyone is struggling or needing help, the CSF telephone (0800 240 200) and email helplines are always open. We are there for everyone needing assistance at this time, as well as those affected by cancer. There is also a lot of information on our website :

<https://cancersupportfrance.org>

If you no longer wish to receive this Newsletter, please contact:
sud-po@cancersupportfrance.org. Your name and email address will be removed from our mailing list.