

Hallo Everyone

What interesting weather we've been experiencing. Actual winter weather. I won't say enjoying, although, as a keen gardener, rain is usually welcomed with delight. I hope you have all been able to keep warm and dry, remembering that Spring is round the corner.....

### DROP-INS this month

Wednesday 4th February   Bar le Pablo   Céret   10.30

Come along for a coffee and a chat. There will be some paperbacks to exchange and friendly faces back in our usual venue in the centre of town.

Monday 16th February   Café des Artistes   Laroque   10.30

In dry weather - come and browse our large selection of paperbacks and enjoy a coffee on the terrace. Any paperback books you contribute will be gratefully received, but we cannot take hardbacks or non-fiction.

Wednesday 18th February   Villa Lafabrègue   Prades   10.15

Come and have coffee with us at this lovely venue, and bring a paperback or two to exchange.

### LOOKING AHEAD

Thursday 26th March

The CSF annual Open Meeting and lunch will be held for the first time at the Hotel Cortie, 3 Impasse Jean-Jacques Rousseau, 66300 Thuir. We are fortunate to have as our guest speaker the writer and journalist Ellen Turner Hall, on the topic of 'Patrick O'Brian in Collioure'. He, of course, being the celebrated author of the Jack Aubrey/Stephen Maturin series of historical novels.

The cost for the three-course meal, including coffee on arrival, wine, and with a kir apéro, will be 25 € per head. The menu is: goat's cheese salad with honey, mediterranean chicken, apple tart.

To reserve your places contact: [sud-jill@cancersupportfrance.org](mailto:sud-jill@cancersupportfrance.org)

## And LOOKING A LITTLE FURTHER AHEAD

Monday 11th May - an Open Garden event, this time in Oms.  
Activity for Life will be back in September,  
and the Quiz with afternoon tea in November.

## PAST EVENTS

On 28 January we held the CSF - Sud de France Annual General Meeting in Carcassonne. Over 50 members from across the Sud region heard updates and information concerning the past year from our President, Jane Beck, Treasurer Sue Ackloo and Training Lead Rob Houghton. We had all had the opportunity to read reports from the Departmental Representatives. As CSF - Sud de France is a widespread region geographically, that includes the Ariège, Aude (Sud & Ouest), Tarn with Tarn et Garonne - and, of course, our own Pyrénées-Orientales. Before we settled down to an convivial lunch, we were entertained by a lively talk from Rachel Thomas-Bonnet, the go-to fixer regarding life in France for expats, from buying property and navigating the endless paperwork. Many of us were pleased to buy her book 'Escape the Crazy' ([www.perfidealbion.com](http://www.perfidealbion.com)), with the sales receipts on the day being donated to CSF.

## Lynn

Please remember that if anyone is struggling or needing help, the CSF telephone (0800 240 200) and email helplines are always open. We are there for everyone needing assistance at this time, as well as those affected by cancer. There is also a lot of information on our website :

<https://cancersupportfrance.org>

If you no longer wish to receive this Newsletter, please contact:  
sud-po@cancersupportfrance.org. Your name and email address will be removed from our mailing list.