

Hello Everyone

It's all been rather quiet over the past few months. We are waiting with bated breath to see what will happen in September, hoping that we can restart our calendar with our [Activity for Life](#) event, the [Walk for Life](#).

My walking has tailed off a bit, mainly due to, well, I suppose, the weather. As a sun-worshiper, I have to draw the line somewhere and so walking in full sun and 30 degree heat is off the cards.

I'm so envious of everyone's bougainvillea. Our's is a rather thorny, leafy affair which has been cut hard back because it's in the wrong place and people sitting near it have complained. Those magnificent displays of purple and deep pink spread themselves over walls and front porches. There's very little that can beat them except perhaps some brightly coloured houses! This is a fairly recent trend around here. Our street wouldn't look out of place on the set of a Disney film.

You may remember that earlier this year, in March, we held an event at the Chateau de L'Ou near Villeneuve de la Raho called [Vins de Femmes](#). We had a terrific response and many people said what a good evening it was. Well, we raised €3500! Thank you very much to all who came and supported us.

Drop In - Ille sur Tet

Lizzie's Kitchen has now been sold. We will let you know as soon as we have found a new venue.

Covid-19 Bulletins Nos. 18 & 19 (PDF attached)

Here are the two latest bulletins put together by CSF Languedoc. As well as giving advice on managing the risks of Covid-19, the App and scams and fraud, **No. 18** also talks about Brexit preparations and applications for a residency permit. **Bulletin 19** brings you right up to date with the announcement about the obligatory wearing of masks in enclosed places.

Here are some dates for your diary:

Thursday 10 September Activity for Life Maureillas

As far as we know, our [Walk for Life](#) will go ahead! The venue is booked and we have planned and walked the two routes.

We'll have books and bottles. We would be very grateful for bottles for our Bottle Stall so please do bear this in mind over the summer when you just might have one or two left overs!

Drinks will be on sale and, we hope, cakes and biscuits, so bring a picnic and join in the fun. There'll be plenty of picnic tables in shady spots, well spaced out to ensure distancing.

We really hope that we can successfully run this event which has been so popular in past years.

Wednesday 23 September Cycle For Life 2020 Rochefort to Angoulême

After recent announcements we are quietly confident that the Cycle for Life will go ahead.

We will be using the Flow Velo route. The ride will take place over 4 days starting on Wednesday 23rd September in Rochefort and ending in Angoulême on Saturday lunchtime with a welcome.

The overnight stops will be at Saint-Savinien and Cognac, arriving in Angoulême on Friday evening 25th. Some cyclists have rebooked hotels now that they are able to cycle again.

On the morning of Saturday 26th there will be a local short ride organised around the area, rather as we did at Agde a couple of years ago. That means people can set off home or may even take the chance to stay on for a long weekend.

Have a look at <https://cancersupportfrance.org/cycle-life-2020-revised-dates> for further information.

Autumn Ball - CANCELLED

I'm sorry to say that the decision has been made to cancel the Autumn Ball for this year.

The feeling is that with all the restrictions which we would have to put in place with regard to Covid-19, the evening would not be an enjoyable one!

Let's hope that next year we will be able to have a bumper event.

Sunday 29 November Christmas Market 9/9.30 - 5pm St John Pla de Corts

It looks like this will be going ahead. It's a great way to start the Christmas season with lots of present ideas on the arts & craft stalls, plus cards and gifts, stocking fillers, homemade puds, mince pies and cakes.

Lizzie's Kitchen will be open for coffee, tea and sandwiches. We plan on making the area a bit bigger this year, with a lot more tables.

Please remember that if anyone is struggling or needing help, the CSF telephone and email helplines are always open. We are there for everyone needing assistance at this time as well as for those affected by cancer.

We will keep everyone informed of any further developments.

Diana Eastaff