

Dear CSF Members, Friends and Supporters,

Hello everyone!

No doubt you are all aware of the newly announced Government "Covid" lockdown regulations again! Therefore, as a consequence, we are having to cancel the CSF Tarn and Tarn et Garonne scheduled Drop-In Coffee Mornings at Gaillac and Saint Antonin Noble Val, at least for the next four weeks.

This is very sad, especially as we were really enjoying our reunions and meeting new members after the last lockdown not so many months ago.. At our most recent Coffee Morning in Gaillac, it was lovely to meet and welcome Bettina van Beek to the CSF group. ***So happy to have you on board Bettina and hope to see you again soon!*** Also to mention we held an important Training Day on the 12th October which was well attended and very successful!!

We will continue to keep you informed when this situation changes. It is hoped we will be able to resume our meetings in December, when we can once more have a chat and a drink together! There will be lots of lovely Christmas Cards and notelets for sale too!

Please keep checking our website for updates:- <https://cancersupportfrance.org>.

In the meantime, 'Bon courage a tous'.

Stay safe and strong. Remember these times are temporary! We have plenty to look forward to.

Just a reminder that if you know of anyone who is struggling or needing help during this lockdown, CSF telephone and email helplines are up and running. We are there for everyone needing assistance, as well as for those affected by cancer.

A bientot and very best wishes to you all!!
Sheila Barcroft
for CSF Tarn, Tarn et Garonne Regions

"Mission" to support English speaking people living in France who are affected by Cancer.